

# **Amendment to Portage Rocket Football Coach's Manual Pages 4-8**

## **SCOPE OF RULES**

Rule changes or waivers must be reviewed and approved by the PRF Board.

DATE:	May 20, 1993
DATE:	September 27, 1993/Revised
DATE:	June 1, 1994/Revised
DATE:	August 21, 1995/Revised
DATE:	April 9, 2000/Revised
DATE:	June 5, 2003/Revised
DATE:	August 9, 2005/Revised
DATE:	September 11, 2005/Revised
DATE:	June 28, 2007/Revised
DATE:	July 23, 2008/Revised
DATE:	August 9, 2010/Revised
DATE:	June 12, 2017/Revised
DATE:	July 1, 2018/Amendment

## **PLAYER ELIGIBILITY**

All players must show their birth certificate upon request by the PRF Board.

For flag divisions, a player's age as of August 1, will determine their grouping for the season.

For tackle divisions, a player's entering grade for upcoming school year shall determine their grouping for the season for the 3<sup>rd</sup>-4<sup>th</sup> Grade or 5<sup>th</sup>-6<sup>th</sup> Grade tackle division. If a player is 10 years old as of August 1<sup>st</sup> and in the 4<sup>th</sup> grade, they may play in the 5<sup>th</sup>-6<sup>th</sup> grade division or choose to remain in the 3<sup>rd</sup>-4<sup>th</sup> grade division.

Any player that meets the listed exceptions will be under the discretion of the Board of Directors and Divisional Coaches following the combine assessment with a primary focus on player safety and the fairness of the game. Decisions to allow 7<sup>th</sup> graders will be based on potential safety of the 5<sup>th</sup> and 6<sup>th</sup> graders and the potential for the player to dominate at this level. Decisions to allow a 2<sup>nd</sup> grader will be based on the safety of the player and the potential for the 2<sup>nd</sup> grader to adequately contribute when playing among 3<sup>rd</sup> and 4<sup>th</sup> graders.

### **2<sup>nd</sup> Grade Exceptions**

Age: 8 years old on August 1, no other restrictions

7 years old, Weight (with equipment @ combine): Greater than 85.0 lbs

### **7<sup>th</sup> Grade Exceptions**

Age: 11 years old on August 1, no other restrictions

12 years old on August 1, Experience: 1<sup>st</sup> or 2<sup>nd</sup> year player in tackle

**OR**

12 years old on August 1, Weight (with equipment @ combine): Less than 110.1 lbs

\*110.1 lbs is the ball carrier limit for 7<sup>th</sup> graders.

## **WEIGHT RESTRICTED PLAYERS**

Interior offensive line (not allowed to intentionally handle the ball) and defensive line (all defensive front line positions including DE). See coach's manual for remaining weight restricted player rules.

5-8 Flag division:	No weight limits
3 <sup>rd</sup> -4 <sup>th</sup> tackle division:	110.1 lbs and above
5 <sup>th</sup> -6 <sup>th</sup> tackle division:	150.1 lbs and above, (110.1 lbs for 7 <sup>th</sup> grader)

## **OTHER RULES OF THE GAME**

### **3<sup>rd</sup>-4<sup>th</sup> grade division**

- No weight limit to play
- Junior size ball
- Punts and PAT kicks are not live
- 2 or 3 referees per game
- Play clock: 45 seconds
- 2 Coaches allowed on field

### **5<sup>th</sup>-6<sup>th</sup> grade division**

- No weight limit to play
- Junior size ball
- Punts and PAT kicks are live
- 3 referees per game
- Play clock: 35 seconds
- 1 coach allowed on field (emphasis on moving toward no coach on field)
- Senior bowl (3<sup>rd</sup>/4<sup>th</sup> place teams)